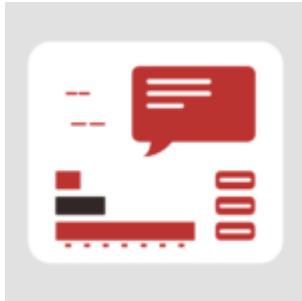


Working in the Cold Infographic



Working in the cold can not only be hazardous to your health, but also potentially life-threatening. Cold injuries range from chillblain, trench foot and frostbite to hypothermia, which is a medical emergency. In order to work safely, the numerous risks posed by frigid temperatures, wind chill and wetness needs to be counterbalanced by various measures, including controlled exposure, education and training, and proper insulation. (Source: CCOHS)