# Sun Safety Checklist



## BENEFITS

Protecting workers who work outdoors, especially in the summer, requires protecting them from exposure to ultraviolet (UV) rays from the sun. Exposure to UV radiation puts workers at risk of developing sunburns, skin damage and even skin cancer, which is the most common type of cancer in the world. It’s also the easiest to avoid’90% of all work-related skin cancer deaths could be prevented if exposure to UV radiation is controlled.

## HOW TO USE THE TOOL

Assess the risk of your workers’ exposure to UV radiation by answering these questions:

1. Do any workers work regularly outside’
2. Are workers exposed to higher levels of UV radiation from the sun for significant periods’
3. Are workers unprotected from the effects of UV radiation’

If you answered ‘yes’ to any of these questions, your workers could be at risk. So use this checklist as a guide to implementing safety measures to control their exposure to UV radiation on the job.