

# Sun Protection at Work Safety Talk Handout



## **BENEFITS**

Protecting workers who work outdoors in the summer means protecting them from not only heat stress but also exposure to UV rays from the sun. Exposure to the sun puts workers at risk of developing sunburns, skin damage and even skin cancer. Sun exposure also endangers workers' eyes. And although the risk is highest in the summer, workers who are exposed to the sun at any time of year are at some risk.

## **HOW TO USE THE TOOL**

Adapt and give this handout, which is based on one from the BC Municipal Safety Association, to workers in conjunction with a safety talk on sun protection at work. Give the talk to all workers who work outside at any time of the year.

## **OTHER RESOURCES:**

[BC Municipal Safety Association](#)

[Spot the Safety Violation: Bare-Chested = Unprotected](#)

[Infographic: Sun Exposure and Skin Cancer for Outdoor Workers](#)

[Model Sun Safety Policy](#)

[When does workers' comp cover skin cancer'](#)