

# Sun Protection Safety Talk Handout



## **BENEFITS**

Protecting workers who work outdoors in the summer means protecting them from not only heat stress but also exposure to UV rays from the sun. Exposure to the sun puts workers at risk of developing sunburns, skin damage and even skin cancer. And although the risk is highest in the summer, workers who are exposed to the sun at any time of year are at some risk.

## **HOW TO USE THE TOOL**

Adapt and give this handout to workers in conjunction with a safety talk on sun protection. Give the talk to all workers who work outside at any time of the year.

## **OTHER RESOURCES:**

### **IHSA**

**Spot the Safety Violation: Bare-Chested = Unprotected**

**Sun Safety Handout for Workers**

**Model Sun Safety Policy**

**Blog: Aspirin May Protect Against Skin Cancer**

**Heat Stress Compliance Centre**