

# Sun Protection Poster



## **BENEFITS**

The sun exposes outdoor workers to both heat and solar ultraviolet (UV) radiation, which puts workers at risk for heat stress, skin cancer, sun burns, skin damage, cataracts and other eye conditions. And although the risks are highest in the summer, workers who are exposed to the sun at any time of year are at some risk.

## **HOW TO USE THE TOOL**

Display this poster from the Occupational Cancer Research Centre ' Sun Safety at Work Canada in your workplace to teach workers about six steps they can take to protect their skin and eyes from the sun.

## **OTHER RESOURCES:**

**Occupational Cancer Research Centre'Sun Safety at Work Canada**

**Spot the Safety Violation: Bare-Chested = Unprotected**

**Sun Safety Handout for Workers**

**Model Sun Safety Policy**

**Blog: Aspirin May Protect Against Skin Cancer**