

# Safety Harness Checklist



## BENEFITS

Falls from heights are a far too common safety incident. Such falls can be prevented with the use of appropriate fall protection. But personal fall protection equipment, such as fall arrest harnesses and the like, is only effective if workers actually use them and use them correctly.

## HOW TO USE THE TOOL

Adapt this handout for the fall protection requirements in your jurisdiction's OHS laws and the specific type of safety harnesses that you use. Require supervisors to complete this checklist each time a worker is required to use a safety harness to ensure that the worker has the appropriate equipment and is using it correctly. If the answer to *any* of the questions in the checklist is 'No,' that deficiency must be corrected before the worker is permitted to work using the safety harness.

## OTHER RESOURCES:

**IHSA**