Respirator Fit Testing Checklist



Under OHS regulations, workers required to use respirators with tight-fitting facepieces must undergo fit testing to ensure a proper fit and prevent leakage. Use this Checklist to determine if you comply with OHS requirements and remain in compliance going forward.

CHECKLIST FOR RESPIRATOR FIT TESTING

û Check all the fit tests listed below that are used at your facility or workplace:

- [] Employees who are using tight-fitting respirator facepieces have passed an appropriate fit test before being required to use a respirator.
- [] Fit testing is conducted with the same make, model, style and size that the employee will be expected to use at the worksite.
- [] Fit tests are conducted annually and when different respirator facepieces are to be used.
- [] Provisions are made to conduct additional fit tests in the event of physical changes in the employee that may affect respirator fit.

[] Employees are given the opportunity to select a different respirator facepiece, and be retested if their respirator fit is unacceptable to them.
[] Fit tests are administered using QNFT or QLFT protocols.
[] QLFT is only used to fit test either PAPRs, SCBAs or negative pressure APRs that must achieve a fit factor of 100 or less.
[] QNFT is used in all situations where a negative pressure respirator is intended to protect workers from contaminant concentrations greater than 10 times the PEL.
[] When QNFT is used to fit negative pressure respirators, a minimum fit factor of 100 is achieved for tight-fitting half facepieces and 500 for full facepieces.
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For tight-fitting atmosphere-supplying respirators and powered air-purifying respirators:
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