

Psychosocial Risks and Mental Health Strain – Special Report



Mental health risks don't recognize provincial borders—but regulations do. Our **Psychosocial Risks & Mental Health Compliance Guide** gives you a single, fully jurisdictional solution for managing psychosocial hazards from British Columbia to Newfoundland and Labrador.

Inside, you'll find:

- **A model policy/procedure** that meets or exceeds all federal, provincial, and territorial requirements.
- **A ready-to-deploy worker survey** that uncovers stressors – like excessive workload, unclear roles, and workplace harassment – without violating privacy laws.
- **A confidential interview script** to guide candid conversations that reveal the root causes of mental strain.
- **A concise checklist of warning signs** – from absenteeism spikes to physical symptoms – so you can intervene before incidents escalate.

Too many organizations discover these gaps only after receiving a costly WSIB penalty or facing high staff turnover. This guide helps you avoid those pitfalls by giving you proven tools that work in every Canadian jurisdiction.