Psychosocial Risks and Mental Health Strain — Special Report



Mental health risks don't recognize provincial borders—but regulations do. Our **Psychosocial Risks & Mental Health Compliance Guide** gives you a single, fully jurisdictional solution for managing psychosocial hazards from British Columbia to Newfoundland and Labrador.

Inside, you'll find:

- A model policy/procedure that meets or exceeds all federal, provincial, and territorial requirements.
- A ready-to-deploy worker survey that uncovers stressors
 like excessive workload, unclear roles, and workplace
 harassment without violating privacy laws.
- A confidential interview script to guide candid conversations that reveal the root causes of mental strain.
- A concise checklist of warning signs from absenteeism spikes to physical symptoms so you can intervene before incidents escalate.

Too many organizations discover these gaps only after receiving a costly WSIB penalty or facing high staff turnover. This guide helps you avoid those pitfalls by giving you proven tools that work in every Canadian jurisdiction.