

Psychological Health & Safety Survey



BENEFITS

Companies can no longer just worry about safeguarding their workers' physical wellbeing. Protecting workers' psychological health and safety is becoming just as important. That's why the first Canadian standard for psychological health and safety in the workplace is scheduled to be released in Nov. 2012.

HOW TO USE THE TOOL

Before you can take appropriate steps to protect workers' mental health, you need to determine the current state of psychological safety in the workplace. A good starting place is with a survey of workers, such as this survey based on one created by Guarding Minds @ Work. Give it to all company employees and let them complete it anonymously. Also assure them that their individual responses will be kept confidential.