## Psychological Health & Safety Assessment Form



## **BENEFITS**

Companies can no longer just worry about ensuring their workers' physical wellbeing. Protecting workers' psychological or mental health and safety is just as important—and is also legally required by labour law, OHS law, employment standards laws, workers' comp and human rights laws. (See, **Tracking the Perfect Legal Storm**.)

## **HOW TO USE THE TOOL**

Have the leaders or members of senior management in your organization answer these questions to identify possible exposures to liability or areas for improvement in terms of the psychological health and safety of the workplace and your workforce.