## Musculoskeletal Hazards and Controls: Refrigeration and Air Conditioning



■ Musculoskeletal disorders (MSDs), such as chronic back pain or shoulder problems, often take time to develop. Forceful exertion, awkward positions, and repetitive tasks can add up over time to produce an MSD.

This profile created by the Infrastructure Health and Safety Association can help refrigeration and air conditioning workers identify MSD hazards in their job and how to control them.