

Month In Review – Nova Scotia



LAWS & ANNOUNCEMENTS

Mental Stress

Feb 24: The Nova Scotia WCB extended the deadline to comment on proposed changes to current work-related mental stress coverage rules of psychological injuries to March 1. In November, the Assembly passed legislation (Bill 332) making gradual onset of traumatic mental stress a compensable injury under workers comp, effective September 1, 2024.

Action Point: Find out about workers comp coverage of PTSD and mental stress

Mental Stress

Feb 1: Nova Scotia launched a 2-year pilot program offering free 24/7 mental health counseling and support to volunteer firefighters and volunteer members of ground search and rescue teams and members of their families via Telus Health. Volunteer first responders can also access PSPNET, a free online service offering mental health and well-being support to public safety personnel experiencing challenges related to anxiety, depression and post-traumatic stress.

Drugs & Alcohol

Jan 19: Nova Scotia launched a new Lung Screening Program providing free CT scans to smokers and other residents ages 50 to 74 who may be at high risk of developing lung cancer.

Action Point: Take 5 steps to prevent workplace smoking and avoid fines under smoke-free laws

Workers Comp

Mar 31: That's the deadline for Nova Scotia employers to submit their workers comp payroll reports to the WCB listing their actual numbers from 2023 and projected numbers for 2024 to avoid potential late fees, interest and penalties.

