

Model Wellness Questionnaire



BENEFITS

Your workers' overall wellness can greatly impact both their safety on the job and their productivity. So monitoring their wellness can help you identify problems and implement solutions to those problems.

HOW TO USE THE TOOL

Adapt this Model Questionnaire to survey your workers' health, wellbeing and productivity. It's based on a form prepared by the Mayo Clinic and incorporates recommendations from the Manitoba Model.

OTHER RESOURCES:

[Why Your OHS and Wellness Programs Should Work Together](#)

['Presenteeism,' Productivity and Integrating Wellness Into Your OHS Program](#)