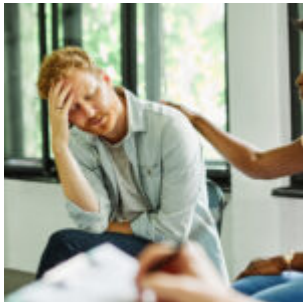


Mental Health – 2023 Year in Review



ALBERTA

LAWS & ANNOUNCEMENTS

Mar 9: From now through May 28, Alberta will be accepting [applications](#) for Supporting Psychological Health in First Responders (SPHIFR) grants from research and nonprofit organizations that want to carry out projects to support the mental health and well-being of first responders and emergency healthcare workers.

Action Point: Find out about [workers comp coverage](#) for PTSD and mental stress.

May 28: That's the final day of [applications](#) for Supporting Psychological Health in First Responders (SPHIFR) grants from research and nonprofit organizations that want to carry out projects to support the mental health and well-being of first responders and emergency healthcare workers.

Action Point: Find out about [workers comp coverage](#) for PTSD and mental stress.

NEW BRUNSWICK

LAWS & ANNOUNCEMENTS

Jul 11: New Brunswick launched a free new hotline (reachable at 1-866-355-5550) that residents with mental health and

addiction issues can call 24 hours a day to speak to clinical therapists, registered nurses, social workers, and other “care coaches.”.

SASKATCHEWAN

LAWS & ANNOUNCEMENTS

Oct 6: Saskatchewan’s newly released Action Plan for Mental Health and Addictions provides for the creation of 500 new addiction treatment spaces as well as a central intake system to improve accessibility and care services.