

# Top 3 Mistakes When Selecting an Ergonomic Sit-Stand Desk



**Recorded Date:** June 7, 2023

**Time:** 9:00-10:30AM Pacific

**Speaker:** Farzana Ismail

Do you have a sit stand desk that is collecting dust? Do your employees only 'sit' at their height-adjustable workstations? Or, are you considering purchasing an adjustable desk for yourself or your staff?

If you answered Yes to any of these questions, Join ERGO Inc. as we share what considerations you should make when purchasing an adjustable workstation, and tips for optimal use so you can get the most out of your investment and avoid costly mistakes.

In this webinar, we will discuss the following:

- Desktop units vs. fully adjustable desks ' what is the difference and which is best'
- How to select the correct desk height ranges to ensure an ergonomic set up
- What accessories / features are really 'need to have' vs. just 'nice to have'
- Are electric versions the only reasonable option, or are manual / crank adjustments suitable'

We will share real workplace success stories, as well as some

failures, to help demonstrate what you can experience when purchasing and implementing adjustable desks.