

# Infographic: Workers' Comp Coverage of PTSD and Mental Stress Across Canada



WORKERS' COMP MENTAL STRESS COVERAGE PRESUMPTIONS BY  
JURISDICTION: DISORDERS COVERED

## **KEY**

Any DSM-recognized mental disorder

PTSD only

No mental stress coverage presumptions

**WORKERS' COMP MENTAL STRESS COVERAGE PRESUMPTIONS BY  
JURISDICTION: WORKERS COVERED**

## **KEY**

Any worker exposed to workplace trauma or stressors

Emergency response, police, firefighters and other specific classes only

No mental stress coverage presumptions

**WORKERS' COMP MENTAL STRESS COVERAGE: ACUTE vs. CHRONIC ONSET**

## **KEY**

Both acute and chronic onset

Acute reactions only

## **WORKERS' COMP MENTAL STRESS COVERAGE: TRIGGERS**

## **KEY**

Traumatic events and workplace stressors

Traumatic events only

## **Note**

(1) In Saskatchewan, triggers are traumatic events but the latter is defined broadly to include harassment

## WORKERS' COMP COVERAGE OF PTSD & MENTAL STRESS BY JURISDICTION

JURISDICTION	TYPE(S) OF MENTAL STRESS COVERED(1)	TRIGGERS	SCOPE OF PRESUMPTION(S)(2)	
			Type of Disorder(s)	Type(s) of Worker
Alberta	Acute and Chronic	Trauma and Stressors	PTSD only	*First responders*Correctional officers *Emergency dispatchers *Firefighters *Paramedics *Peace officers *Police officers
BC	Acute and Chronic	Trauma and Stressors	Any DSM recognized mental disorder	*Correctional officers*Emergency medical assistants *Firefighters *Police officers *Sheriffs
Manitoba	Acute only	Trauma only	PTSD only	Any worker
New Brunswick	Acute only	Trauma only	PTSD only	<u>Emergency response workers,</u> <u>i.e.:</u> *Firefighters *Police officers *Paramedics
Newfoundland	Acute and Chronic	Trauma only	Any DSM recognized mental disorder	Any worker
Nova Scotia	Acute only	Trauma only	PTSD only	<u>Front-line or emergency response workers,</u> <u>i.e.:</u> *Firefighters *Police officers *Correctional officers *Paramedics *Nurses *Continuing care assistants *Emergency-response dispatchers

Ontario	Acute and Chronic	Trauma and Stressors	PTSD only	*Firefighters & investigators*Police officers *Emergency response teamers *Paramedics *Emergency medical attendants *Ambulance service managers *Correctional institution workers *Dispatch workers *College of Nurses members who provide direct patient care *Bailiffs *Probation officers *Special constables
Prince Edward Island	Acute and Chronic	Trauma and Stressors	Any DSM recognized mental disorder	Any worker
Qu�bec	Acute and Chronic	Trauma and Stressors	NA	NA
Saskatchewan	Acute and chronic	Trauma only	Any DSM recognized mental disorder	Any worker
Northwest Territories & Nunavut	Acute and chronic	Trauma only	NA	NA
Yukon	Acute only	Trauma only	PTSD only	<u>Emergency response workers,</u> <u>i.e.:</u> *Firefighters *Police officers *Paramedics

## Notes

(1) Acute means the mental stress was an acute reaction to one or more traumatic events at work; chronic means the mental

stress developed gradually over time

(2) Presumptions mean the particular form of mental stress is presumed to be work-related when experienced by a worker in the category of workers the presumption covers