

# Indoor Air Quality Infographic



Many of us spend our working hours indoors. The quality of the air we breathe can significantly affect our comfort, productivity, and health.

Poor indoor air quality (IAQ) can create an unpleasant or uncomfortable work environment, which in turn can affect morale, productivity, and employee well-being. In more serious situations, employees' health can be at stake. It is important to address all IAQ concerns seriously and without delay. Even situations which at first appear to be trivial can lead to more severe problems if left unchecked. (Source: CCOHS)