Heat Stress Self-Audit Checklist



BENEFITS

The summer—and its hot, humid weather—are almost upon us. At that time of year, in addition to protecting workers from the usual hazards, you may also need to protect them from overexposure to the heat, especially if they work outside. And in certain workplaces, such as bakeries or foundries, heat stress is a hazard year-round. Exposure to extreme heat, whether due to the weather or from equipment, can lead to heat stroke, heat exhaustion and other forms of heat stress—and even kill workers.

HOW TO USE THE TOOL

Use this self-audit checklist to determine what safety measures and practices your workplace has in place to protect workers from heat stress. Make sure to take steps to address any gaps or deficiencies identified in the audit.