## Heat Stress Awareness Tool



## BENEFITS

During the summer, in addition to protecting workers from the usual hazards, you may also need to protect them from exposure to the heat, especially if they work outside. Exposure to extreme heat, whether due to the weather or from equipment, such as ovens and furnaces, can lead to heat stress and heat exhaustion'and even kill workers.

## HOW TO USE THE TOOL

Print out and assemble this heat awareness tool from the Ontario WSIB. Give it to all workers who work outside or are otherwise exposed to the heat and to their supervisors. Train them on how to use it and on what steps they should take based on the readings from the tool.