

# First Aid Kit Inspection Checklist: Basic First Aid Kits



## Introduction: How to Use This Tool

First aid kits need to be inspected at least once a month and more frequently after emergencies in which they're accessed. At a minimum, the inspection should verify that each first aid kit contains the minimum contents required for a kit of that type under provincial regulatory requirements and that each item is warm, dry, undamaged and in usable condition. The following Checklist is for a Basic First Aid Kit based on BC rules (OHS Regulation, Part 3).