

# Extension Ladder Safety Game Plan



Over 20% of all workplaces fall injuries involve ladders; that rate rises to 81% when the sample is limited to construction workers. The Extension Ladder Safety Gameplan is your guide on how to prevent falls and avoid OHS violations for all ladder types. Review the 6 key steps to minimize ladder related incidents, get the ladder inspection form, and update your current ladder safety policy.

## This Report Covers:

- **General Design & Construction:** Ladders must be well-designed, constructed, and comply with Canadian or American standards.
- **Specific Extension Ladder Requirements:** They should not exceed certain lengths, must have secure locks, and overlap adequately when extended.
- **Wooden Ladder Specifications:** Custom wooden ladders must meet specific criteria to ensure safety.
- **Maintenance & Inspection:** Ladders need regular checks for safety and maintenance.
- **Proper Ladder Positioning:** There are guidelines for the angle and secure placement of ladders.

# Gameplan

**EXTENSION LADDERS: THE 6 STEPS YOU  
MUST TAKE TO PREVENT EXTENSION  
LADDER FALLS AND OHS VIOLATIONS**

[Download PDF](#)

## The Theory and Practices Around Preventable Injuries Webinar

This webinar will focus on the causes of preventable injuries, their impact on individuals and society, and the strategies that can be used to prevent them. The presentation will cover the following topics:

- Understanding preventable injuries: The first part of the presentation will focus on defining preventable injuries and their causes and explain how preventable injuries can result from a range of factors, including unsafe working conditions, poor safety practices, and human error.
- The impact of preventable injuries on individuals,

families, and society as a whole. It will explain how preventable injuries can result in physical, emotional, and financial consequences, and can lead to a range of negative outcomes such as disability, loss of income, and reduced quality of life.

- Prevention strategies that can be used to prevent preventable injuries, and discuss the importance of identifying and mitigating risks, implementing effective safety policies and procedures, and providing training and education to employees.
- Case studies: The final part of the presentation will focus on case studies of organizations that have successfully implemented strategies to prevent preventable injuries. It will provide examples of how these organizations were able to reduce injuries and improve safety outcomes through effective safety management practices.

Overall, this presentation will provide an overview of the theory and practices around preventable injuries, highlighting the importance of implementing effective safety management strategies to prevent injuries and create a safer workplace for all. (Recorded April 2023)

[The Theory and Practices Around Preventable Injuries](#)