

Ergonomics Policy



BENEFITS

Musculoskeletal injuries (MSIs) have become a leading source of workers' comp claims and lost-work days. And many MSIs are caused by ergonomics-related hazards, such as poorly organized work stations and improper lifting techniques. So it's important that employers take appropriate steps to address such hazards and protect workers from developing MSIs. One of the first steps is to develop and implement a written ergonomics policy.

HOW TO USE THE TOOL

Adapt this model policy for your workplace, OHS program and the requirements in your jurisdiction's OHS regulations. Then make sure you train all staff on the policy.