

Employee Wellness Survey



BENEFITS

More companies are considering implementing workplace wellness programs to help employees get in better shape, lose weight, quit smoking, etc. But such programs can only succeed if employees participate in them. One way to attract employee participation is to implement the kind of wellness program(s) that employees actually want.

HOW TO USE THE TOOL

Use this survey to get feedback from all employees on what kinds of health and fitness issues they're having, what kinds of programs they'd be interested in participating in and how they'd like to participate in those programs. Have employees complete the surveys anonymously and use the feedback to develop and implement a wellness program targeted toward their needs and desires.

OTHER RESOURCES:

[Wellness Councils of America](#)

[Workplace Wellness Programs Aren't Just for Big Companies](#)

[Why Your OHS and Wellness Programs Should Work Together](#)