

# Effective Actions to Prevent Mental Health Risks at Work – Special Report



Past studies have documented that employees who suffer from mental health problems are more apt to be absent and less productive even when they do show up (this phenomenon is known as ‘presenteeism’) than employees who aren’t suffering from a mental illness. Other studies have demonstrated that organized screening and enhanced treatment is an effective way to diagnose and treat mental illnesses. But there hasn’t been much research that actually connects the dots and shows that investing corporate resources on treating mental illnesses improves productivity and thus the company’s bottom line. And, in the business world, the importance of having such evidence can’t be understated.