

# Donning and Doffing a Disposable Respirator



How to don and doff a disposable respirator mask. While this video was created during the COVID-19 pandemic, its principles and guidelines are still applicable for employees who work in vulnerable sectors like healthcare and need to wear disposable respirators.

Source: [safetyalliancebc.ca/covid-19](https://safetyalliancebc.ca/covid-19)