

Concussions Toolbox Talk Handout



BENEFITS

June is Brain Injury Awareness Month in Canada. According to **Brain Injury Canada**, brain injury is a silent epidemic. Concussions are a common type of traumatic brain injury and they're not all sports-related. For example, on average, WorkSafeBC accepts more than 1,200 claims a year from workers who've experienced a concussion at work.

HOW TO USE THE TOOL

Adapt this handout, based on a fact sheet from Actsafe.ca, which works with BC's entertainment industries to keep workers safe, for your OHS program and operations. Give it to workers as part of a safety talk to educate them on concussions, their symptoms and how to prevent getting them.

ADDITIONAL RESOURCES

PPE: Take 5 Steps to Comply with the Safety Headwear Requirements

Spot the Safety Violation: Improper Use of PPE Renders It Ineffective