

Combat Bullying on Feb. 24, 2016, Pink Shirt Day



Feb. 24, 2016, is [Pink Shirt Day](#) in Canada, a day dedicated to combatting bullying in workplaces, schools, homes and on the Internet.

A typical workplace bully selects targets and seeks to humiliate, threaten, intimidate or sabotage these individuals. And the victims of bullies come in many shapes and sizes, including even [football players](#).

To prevent bullying, employers must be aware of the culture within their workplaces and ensure that it provides a safe environment'both physically and emotionally'for all workers.

For example, have members of management and supervisors take [this questionnaire](#) to assess their own conduct, which impacts the company's culture and could allow or encourage bullying. The results will help identify areas needing work in order to build a culture of dignity and respect.

The OHS Insider has many articles, tools and other resources you can use to prevent and address bullying, violence and harassment in your workplace, including:

- How common [workplace bullying is in Canada](#)
- A study linking [bullying to sleep disorders](#)
- The impact of bullying on [bystanders](#)
- How to [identify a workplace bully](#)
- The [costs of permitting workplace bullies](#)

- Information on [why employers can't tolerate bullying](#)
- A [workplace violence infographic](#).