

Building IAQ Inspection Checklist



BENEFITS

Indoor air quality (IAQ) is an important workplace health issue. According to Environment Canada, the physical symptoms commonly attributed to IAQ problems include headache, fatigue, shortness of breath, sinus congestion, coughing, sneezing, skin irritation, dizziness, nausea and eye, nose, and throat irritation. And certain building conditions, such as leaks, excessive humidity and poor ventilation, can impact IAQ in the facility.

HOW TO USE THE TOOL

Adapt this checklist for your workplace/building and use it while inspecting the building for some of the common causes of IAQ problems. And make sure that you follow up on any problems you identify during the inspection.